

TENEIA



ELECTRONIC PRESS KIT



ABOUT

Originally from Jackson, Mississippi, Teneia is an international touring musician and songwriter and has seven albums to her credit. She has won multiple awards, had her work featured in **HBO, Netflix, and award-winning independent films**. She's shared the stage with various critically-acclaimed artists and songwriters. She's opened for Lucinda Williams, Missy Higgins, Jamie O'Neal, Sarah Darling, Jessi Colter, Sharon Little, Grayson Capps, Catie Curtis, Luke Doucet, Tab Benoit, Kelley McCrae, The War & Treaty, Salvador Santana, and more.

One of Teneia's most prominent pieces, "**Stand**," earned a placement in the HBO documentary, "**Prom Night in Mississippi**" (2008) **featuring Morgan Freeman**. "Stand" embodies Teneia's ability as an artist to address deeply rooted social issues fearlessly and confidently. Her true talent however, is how she strips down the audience, leaving their minds filled with reflection and their hearts filled with hope.

Her rock side project, **Heart Society** was selected to perform a three-week long tour on the continent of Africa in April of 2019 by the US State Department organization, American Music Abroad. Teneia is a US musical ambassador alumni.

Teneia is currently living in New Orleans and working on her 8th studio album, **OMNI**; a gospel-soul album.

Past Releases and Placements

She is an advocate for the state of Mississippi and the city of Jackson. In 2020, Teneia released 'City with Soul' ft. 5th Child supporting the promotional campaign for Visit Jackson. The video has over 100,000 views and has been streamed on all digital platforms.

Two of Teneia's songs, "Call Somebody" and "Beautiful Mess" were featured in the Netflix LGBTQ+ show, **Eastsiders** created by Mississippi native Kit Williamson.

In 2020, Teneia signed with SonaBLAST! Records for her 7th studio album, **BLACK EMPRESS**. The album was produced by Mike Minjarez in Nashville, TN.

In 2021, Teneia was named one of **OZY Media's "Badass Women You Need to Know."**

Her dance anthem, "Freedom" ft. Dayluv, celebrating Pride month for American Voices, was featured in **Las Vegas Queer Arts Film Festival** as well as Fabulous Independent Film Festival (previously Harvey Milk Festival) and 8 other festivals worldwide. "Freedom" won "best music video" at the Accord Cine Festival and Worldwide Women's Film Festival.

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Press + Accreditation

Teneia starred and produced the award-winning mini-documentary, 'Our Rebellious Hearts' for Tandem Equality. The film covers the process of Teneia creating a song about liberation. The behind-the-scenes adventure includes Rita Brent & LaQuanta Nelson. As they record the song for all the rebellious wild women of the world.

Our Rebellious Hearts Nominations:

South Film and Arts Academy (Chile) – Winner of 'Best short documentary' & 'Best Female Director' (Talamieka Brice)

Berlin Art Film Festival (Berlin)– Nominated for 'Best short documentary'

Magnolia Film Festival (USA, MS) –Honorable Mention

Winner of Chicks with Picks Chickstock contest "Best Performance" Award (2011)

Winner of Chicks with Picks Chickstock contest "Best Original Song" Award (2011)

Original song "Hard Times" featured in independent movie Away From Here starring Alicia Witt and Nick Stahl (2013)

Performed at the Red Gorilla Music Festival (2008 and 2013)

American Music Abroad alumni (2019)

Planned Parenthood Band Together artist (2019–present)

Signed with SonaBLAST! Records (2020)

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Awards + Notable Performances

Winner of the Cayamo Soundcheck contest (2018)

Opened for various national acts, including Lucinda Williams, Missy Higgins, Jamie O'Neal, Sarah Darling, Jessi Colter, Sharon Little, Grayson Capps, Catie Curtis, Luke Doucet, Tab Benoit, Kelley McCrae, Salvador Santana, and more.

Freedom "Best Music Video" – Accord Film Festival (Mumbia, India) (2021)

Ozy Media "Badass Women You Need To Know" (2021)

Freedom "Best Music Video" – Worldwide Women's Film Festival (Phoenix, AZ) (2022)

Made her composer debut as the 3rd Black female composer featured by the Mississippi Symphony Orchestra in 75 years (2022)

'MS Arts & Letter Institute' Award nominee (2024)

New & Unreleased Music



"Point of View"



"Our Rebellious Hearts"



"In The Flow"
"Amazing Grace"



Teneia and Rita Brent of
"Our Rebellious Hearts"

Live Performance Videos:

"Our Rebellious Hearts" Studio Performance

"Amazing Grace" Live

"I'm Over You" Live (Short)
from the Montreux Jazz Festival

Shifmakers Podcast Featuring: Teneia,
Natalie Merchant, and Rita Brent



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